



FREE!

PHILOSOPHY OF MIND workshop



Join us for a half-day workshop where we will explore ways of thinking about the nature of experience, thoughts and reasoning and what this means for ourselves and our lives.

2:00 - 6:00pm Monday 3 December 2018

**Newtown Neighbourhood Centre
1 Bedford Street, Newtown**

This workshop will be presented by Sophie Stammers, postdoctoral researcher at Project PERFECT, in the Philosophy Department of the University of Birmingham. In the workshop we will explore questions in the Philosophy of Mind relevant to theories about, and experiences of, mental health and mental distress. In particular, we will:

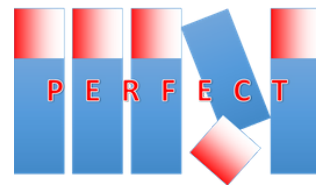
- Use philosophical techniques to critically investigate concepts, ideas and assumptions that arise in mental health discourse and practice. For example, why have some unusual beliefs and experiences been pathologised, while others have not?
- Explore how cognitions and experiences that are unusual or inaccurate in some respect can be beneficial, as well as costly, and ask who should get to decide.
- Look at whether doing philosophy together can empower us, and contribute to our work in mental health advocacy and activism.

The workshop will also introduce you to the open access Philosophy of Mind Workshop series so you can run your own philosophy group!

All welcome: no prior knowledge or study of philosophy required.



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