

DIALOGICAL APPROACHES TO SUPPORTING PEOPLE, FAMILIES AND NETWORKS IN CRISIS

with **RAI WADDINGHAM**

Wednesday 20th February 2019, 6.00pm - 8.30pm

Sydney Nursing School
Room C3.01 (building C, level 3)
88 Mallet Street, Camperdown



Rachel (Rai) Waddingham combines personal experience of trauma, psychosis and hospitalisation with experience gained through training and practice. Having completed the three year Open Dialogue training in London, she has worked in the first UK Open Dialogue team combining crisis and community care. A voice-hearer, Rai's work is rooted in the principles of the Hearing Voices Movement. She has created and managed innovative projects supporting children, young people, families, adults and people in prison who hear voices or have unusual beliefs. She is an international trainer and spokesperson, promoting ethical and creative responses to people in severe distress. Rai is a trustee of the English Hearing Voices Network and Vice Chair of ISPS UK.

Rai will explore what it means to be dialogical in crisis situations and how dialogical approaches can transform the way we understand, and respond to, people and networks in distress. Using her personal experiences as a psychiatric survivor and as an Open Dialogue Practitioner, she will share her thoughts on what this approach can learn from those within survivor-led and peer support movements and some hopes for the future. Rai's talk will be followed by a panel discussion and Q&A.



*This event is supported by
Sydney Nursing School, University of Sydney &
The Centre for Family-Based Mental Health Care
at the St. Vincent's Hospitals Sydney*



Cost: **\$20.00** (full fee), **\$5** (concession) - Bookings via Eventbrite

For more info contact: 0435 348 168 or kath@insideoutconversations.com.au
To register go to: www.insideoutconversations.com.au/upcoming-events/