CPS SUPERVISION is UNDERPINNED by 9 VALUES

CURIOSITY.

Rather than MAKING ASSUMPTIONS, and being informed by pre-existing ideas, having GENUINE intrigue, OPENNESS and INTEREST.



SELF DETERMINATION.

Being aware of POWER IMBALANCES and their effects, knowing and respecting HUMAN RIGHTS, facilitating PERSONAL AGENCY.



HOPE.

Having an EXPECTATION of POSITIVE OUTCOMES for each other.



CONNECTION.

Lived/common experience is used to make connection in the relationship. CONNECTION is the basis on which TRUST and meaningful EFFECTIVE LEARNING is possible.



TRANSPARENCY.

Availability of FULL INFORMATION required for COLLABORATION, cooperation and DECISION MAKING without HIDDEN AGENDAS.



LIVED EXPERIENCE as EXPERTISE.

The EXPERTISE that arises from lived experience including lived experience of being a consumer worker, is of EQUAL VALUE to other types of expertise.

MUTUALITY.

BOTH people LEARN, GROW and are CHALLENGED through the relationship. MUTUALITY means being in relation with another person, developing SKILL and EXPERTISE while staying PRESENT and AWARE of our own reactions, viewpoints, needs and ASSUMPTIONS.



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AUTHENTICITY.

We are HONEST in relating with one another, and act from fundamental HUMANNESS.

RESPONSIBILITY.

We ARE NOT responsible for the other person, we ARE responsible for OUR OWN thoughts, feelings and actions. We are considerate, and we SHARE RESPONSIBILITY for the RELATIONSHIP. We acknowledge and respect EACH OTHER'S NEEDS.

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Consumer Perspective Supervision. A framework for supporting the consumer workforce. VMIAC and Centre for Psychiatric Nursing. 2018. p.9.